

Miss Ingrid's Strathspey

A 32 Bar Strathspey for 4 Couples

- Bars 1 – 8 First and second couples along with the third and fourth couples dance right hands across and left hands across.
- Bars 9 – 12 All four couples dance highland schottische setting steps, finishing ready for ...
- Bars 13 – 16 First and second couples and third and fourth couples dance a half poussette.
- Bars 17 – 24 Second and first couples and fourth and third couples set, turn partner with both hands flowing into a circle of four hands round to the left.
- Bars 25 – 28 First and fourth couples dance highland schottische setting steps, finishing ready for ...
- Bars 29 – 32 First and fourth couples dance a half poussette.

Couples finish in 2, 4, 1, 3 order; repeat dance three times from new positions.

Devised by Gary Knox, gary@reeljig.com, October 9, 2000.

First Danced: February 9, 2001

Preferred Tune: Belladrum House, J. S. Skinner
also Lord Seaforth; Ruthven House, J. Watson

Suitable Recorded Music: 12 Coates Crescent on RSCDS Book 40 CD.