

Sandra's Strathspey

A 48 Bar Strathspey for 3 Couples

- Bars 1 – 8 First and second couples all round poussette.
- Bars 9 – 16 First couple, with nearer hands joined, dance down between the second couple, behind the third couple and up between the third couple; first couple dance up behind second couple and finish at the top with hands joined ready to dance allemande with second couple who dance in on bar 8.
- Bars 17 – 24 First and second couples dance allemande. On bars 23 and 24 the first couple retain both hands and turn one and one-half times to the right to finish on opposite sides just inside the set lines.
- Bars 25 – 32 First couple dance an Individual or Gypsy Poussette:
Box Setting
25 Set to right and turn one-quarter, pulling back right shoulder, “on the hop.”
26 Set to the left (facing away from partner) and turn one-quarter, pulling back right shoulder.
27 Set to the right (facing partner) and turn one-quarter, pulling back right shoulder.
28 Set to the left (facing away from partner) and *do not turn*. First couple finish facing away from each other (man down, woman up).
Gypsy Turn
29-30 First couple start by dancing to their right, dance around each other halfway (the second step will bring them face to face) and ...
29-31 melt into a two hand turn, three-quarters round, to finish in second place on their own side.
- Bars 33 – 34 All three couples set to partners.
- Bars 35 – 38 All three couples, giving both hands, turn partners twice.
- Bars 39 – 40 All three couples set to partners.
- Bars 41 – 48 First and third couples dance the knot.

Couples finish in 2, 3, 1 order; repeat dance twice.

Notes: While this is a three couple dance with many opportunities to show proper covering (poussette, allemande, turn twice, and the knot) it is also a dance where your attention should be given to your partner.

Acknowledgment: Thanks to Terry Glasspool for the Gypsy Poussette (a lovely flirtatious figure).

Devised by : Gary Knox, gary@reeljig.com, November 30, 2003.
First Danced: January 12, 2004 at the Berkeley Class
Preferred Tune:
Suitable Recorded Music: The Moray Rant on The Colin Dewar Quartet – Special Requests vol 4